Bonbeach PRIMARY SCHOOL AND PRE-SCHOOL

JUMBUNNA

4th April 2019



Happy Easter!

We hope everyone has a safe and happy Easter and a well-deserved break. We look forward to seeing you all back at school for a busy second term.
Don't forget:- First day is **Tuesday 22nd April.**

Movie Night

What a fantastic night it was last Thursday for our 'Mystery Movie Night.' The weather was on our side and it was great to see so many families attend and spreading out on the oval with their picnics, pillows and blankets. A big thank you to the members of the P&F for organising this great night, in particular Karoline T, Theresa B, Katrina S, Jayne C, Monique G for their work in the organisation in the lead up as well as help on the night.







Convince me!

by Michael Grose

Kids of all ages are excellent at wearing down the resistence of a parent who denies permission for them to go somewhere due to lack of safety or suitability concerns. Unfortunately many kids use annoying methods such as:

- **repetition (Can I go? Can I go? Can I go?);**
- **questioning (Why can't I go?);**
- **guilt (You never let me go anywhere!);**
- **nagging (Can I, can I, can I go, pleeease!) and**
- **whining (Ahhh! Whyyy Caaan't I gooo!)**

Often we are so tired that we give just to gain some peace, which makes pester power a useful strategy as kids achieve what they want.

One way to avoid this obnoxious pestering is to ask them to convince you that they are responsible enough, old (read mature) enough or aware enough to be allowed to go somewhere.

Here's an example:

"Amelia, I'm not sure that I should allow you to take the train into the city with friends. I'm worried that it might not be safe. Convince me that you can do so safely."

This response puts the onus back on the child or young person to think to counter your concerns. Listen carefully to their response as it will indicate whether they really have considered your concerns and are aware of the depth or range of potential difficulties.

Simplistic responses don't cut it

If they respond with simplistic comments such as; "I'll be okay", "we'll stick together" and "I won't do anything stupid" then they are probably unaware or unprepared for contingencies that may arise.

However if they provide a response with more depth, they may demonstrate their readiness. An example for this might be "I know you are worried that we might get picked on by older kids on the train. That worries me too. We'll make sure we pick a carriage with plenty of adults and if kids hop on that look like they'll give us a hard time, we'll get off at the next station."

Minimising risk

Answers such as the above show they understand your concerns and also that they have some strategies in mind to minimise risk. As a parent we'd like to remove risk from our kids' lives but this is unrealistic. As kids grow up their world rapidly expands taking them further away from the safe confines of home, and exposing them to new and potentially risky situations and people. Our hope is that our kids are able to avoid or counter the risk as much as humanly possible. One way of assessing this is asking them to convince you that they are responsible, old enough and possess sufficient awareness to go into new situations and places.

"Convince me!" may well be the smartest two words you'll ever use as a parent. It may stop pester-power in its tracks and at the same time induce your child or young person to think ahead and better prepare for spreading their wings when you don't feel they are quite ready.

Regards,
Ken and Lisa

Anzac Day Assembly

On Friday 26th April there will be a special Anzac Day assembly held at 9:15am. The Bonbeach Choir will be performing and Grade 5/6 students will be sharing their poems and thoughts. We are also lucky enough to have special guests Nick Munday and Michael from Chelsea Longbeach RSL speaking. Parents and friends are encouraged to attend!



@ Bonbeach Primary School, Breeze St

Bonbeach Farmers' Market

2nd Sunday of the month

Bonbeach Farmers' Market!

Sunday 14th April

open from 8:30am to 12:30pm
$2 donation per adult



Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Bonbeach Primary is excited to be participating.

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 6 September 2019.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers. Please note that there will be no honour roll this year.

To read the Premier's letter to parents, view the booklists and for more information about the Victorian Premiers' Reading Challenge, visit: www.education.vic.gov.au/prc



Easter Bonnet Parade

Our annual parade will be held on Friday 5th April at 9:10am on the basketball court, or in the hall if weather isn't ideal. We are very excited to announce that the Preschool will be joining us this year! Children are encouraged to create a hat to wear on the day, with prizes being awarded for the most impressive creation in each class. Easter Egg donations would be greatly appreciated. There is a box located at the front office. Parents and friends are encouraged to attend!

Message from the PE department end of Term 1:

Bus costs for 2019

Thank you to all the families who have paid the $5 cost of hiring a bus to sporting events this term. Buses are an increasing cost and this has eased pressure on the PE budget so we are able to buy more equipment and other sporting experiences. This cost will be continuing for the rest of the year for inter-school sport away games, the lightning premiership, the district cross county and athletics days.

Whole School

Next term we will be holding our House Cross Country Day on Friday 10th May. The event takes place at school with the prep to grade 2's running a smaller course within the school grounds. They will run in their classes, then have the opportunity to watch the grade 3-6s and cheer on their house.
The grade 3-6's will run a longer course around the perimeter of the school (u9/10 do 3 laps, u11 and u12/13 do 4 laps). Teachers will be spread out around the perimeter to guide students. This also doubles as try-outs for the district cross-country team. Students will be selected only on times. **It will not necessarily be if they finish top 10.**
All students on the day are encouraged to come dressed up in their house colours. Reminders and alerts will be on Compass and Facebook leading up to the day.

Grade 5/6

Beep Test: In grade 5/6, students started the term by again completing the beep test. The beep test is a multi-stage fitness test in which you must do 20 metre shuttle runs in time with the beeps until the beeps get too quick for you. It is a maximal test, which means it will take you to your fitness limit. Students complete the test in term one and four as a measure to see if they've improved their fitness over the course of the year.

PE in term 1: The sports grade 5/6s focused on in Physical Education lessons in term one were the invasion sports of Ultimate Frisbee and Team Handball. Both sports were quite new to everyone with a large number of students having never heard of, or seen the sports before. I'm happy to report that everyone embraced these new sports, had a go and enjoyed learning new skills and rules. Next term in Physical Education classes, students will be doing units on Soccer and Athletics.

Inter-school sport: Just a reminder about the inter-school sports competition. Due to the large numbers in grade 6, the grade 5s will be on a roster system when it comes to playing away games. Only 11 grade 5s went to the one away game this term. We still want grade 5s to experience 'away games' to other schools, so each term there'll be another group attending an away game (usually only one or two away games a term).
Due to the sports this term traditionally being low participant sports, the grade 5 students didn't have the opportunity to play many Inter-school sport games. We hope this will change in terms 2 and 3 because we play higher participant sports (Football, Soccer, Netball and Tee ball). If there is a cost of $5 when ticking consent that means they'll be attending an away game in the term. During away games, the grade 5 students who do not attend are being provided with the opportunity to participate in sport activities at school.

Lightning Premiership: There is another Lightning Premiership in term 2. All grade 5/6 students will be attending, provided consent and payment for bus is received via Compass before the due date. The Lightning Premiership for term two is scheduled to take place on Friday 14th June. Venues are yet to be decided. Please check Compass next term for consent and payment forms for inter-school sport and the Lightning Premiership.

Grade 3/4

Beep Test: The Beep Test is introduced in grade 3/4. For the grade 3s, it's their first time completing it and for grade 4s, it's their third time. It was really pleasing to see all grade 4s help out the grade 3s and encourage them through their first beep test. The beep test is a multi-stage fitness test in which you must do 20 metre shuttle runs in time with the beeps until the beeps get too quick for you. It is a maximal test, which means it will take you to your fitness limit. Students complete the test in term one and four as a measure to see if they've improved their fitness over the course of the year.

PE in term 1: The sports grade 3/4s focused on in Physical Education lessons in term one were the same as 5/6s, which were the invasion sports of Ultimate Frisbee and Team Handball. Both sports were new to most with a large number of students having never heard of or seen the sport before. The 3/4 units on the two sports were quite different to the senior school, in that it was a more simplistic approach and focused on an understanding of technique, rules and modified game play. I'm happy to report that everyone embraced these new sports, had a go and enjoyed learning new skills and rules. Next term in Physical Education classes, students will be doing units on Soccer and Athletics.

Swimming trials and District: It was pleasing to see the amount of grade 3/4s that attended the swimming trials at Toby Haenen Swim Centre back in week two of the term. This was another first for grade 3s and although not everyone made the district team, it was a great experience for them. 14 students from grade 3/4 made the district team, which made up half of all students who attended the district swimming carnival. A special mention to the girls' u9/10 Freestyle team who broke the district record! The next event for grade 3/4s to try out to make a district team is the house cross-country team.

Grade 1/2

PE in term 1: In grade 1/2 this term, the sport students focused on was Cricket. They went through basic rules, fielding, bowling and batting games and activities. PE lessons in the junior levels are to assist in developing their knowledge, understanding and skills in relation to movement by exploring simple rule systems and safe use of equipment in a variety of physical activities and games. Highlights of the unit were students getting plenty of opportunities to bat and hit the ball off tees or with someone bowling to them, a fielding game called 'Monster Ball' and finishing off the unit with a game of continuous cricket. Next term in Physical Education, students in grade 1/2 will be doing a unit on gymnastics.

Swimming lessons: Grade 1/2 Swimming lessons are scheduled to take place in week 4 of term 2. The dates are May 13, 14, 15, 16, 17, 20, 21 and 22. A Compass event has been sent out to all parents for consent and payment of the program. If your child is **NOT** participating in the swimming program this year, please inform the office by emailing bonbeach.ps@edumail.vic.gov.au. A timetable of when classes will be going will be made available early on in term 2.

Prep

PE in term 1: What a start it has been for the preps in term one! They have been an enthusiastic bunch and all love attending PE classes. This term, a big focus has been on establishing rules within the Physical Education classroom. Preps are quickly understanding that when the whistle is blown it means 'FREEZE', stop and listen to the next instruction. The preps have learnt a number of new and exciting games with many becoming class favourites. Some games that are their favourites include:

-Toilet Tiggy -Goats, Foxes and Elephants -Rob the nest
-Fairy Tag -Not in my backyard -Rats and rabbits

These games and many more provide opportunities for students to learn about movement as they participate in physical activity in a range of different settings, including indoor and outdoor settings. The participation in play and physical movement promotes engagement and cooperation with others, all while following rules of games and within the class setting. Preps also experimented and played with a range of different equipment in some lessons this term. These were chances for them to experience and play with equipment that may be new to them, which they'll be using throughout their time at primary school.

Next term, preps will continue with more games but will also focus on a unit of FMS (Fundamental Motor Skills) of throwing and catching and using a range of different activities and equipment.

Swimming lessons: Preps swimming lessons are scheduled to take place in term 3. More information will be posted on Compass and Facebook towards the end of term 2/ beginning of term 3.

As you can see, Term 1 has been super busy with many things happening in the Physical Education department! Next term is just as, if not more so, extra busy. Hoping everyone has an enjoyable, safe and refreshing break, and is ready to hit the ground running in term 2.

Cheers,
Mr Mac.

Dates to remember

2019

Fri 5/4	Last day of term 1-students dismissed at 2:30pm Easter Bonnet Parade

Term 3

Thurs 1/8	Working Bee 4pm-6pm
Sat 3/8	Working Bee 9am-12pm

Term 4

Fri 22/11	Working Bee 4pm-6pm
Sat 23/11	Working Bee 9am-12pm



Everything Matters Co

School Holiday
DRUMBEAT Workshop
NDIS Service Provider

An awesome way to let kids explore their creativity through rhythm and music in small groups.

DRUMBEAT is the world's leading therapeutic drumming program that incorporates hand drumming, behavioural therapeutic principles and cognitive and dialectical elements to achieve positive outcomes.



Patterson Lakes Community Centre

Thursday 11th April, 2019

Sessions start at

1:00pm - 2:00pm & 2:15pm - 3:15pm

Register through: **www.everythingmattersco.com/contact**

Bonbeach Pre-school

OPEN DAY

Saturday 4 May - 10 am to 12 pm

INDEPENDENCE

DISCOVERY

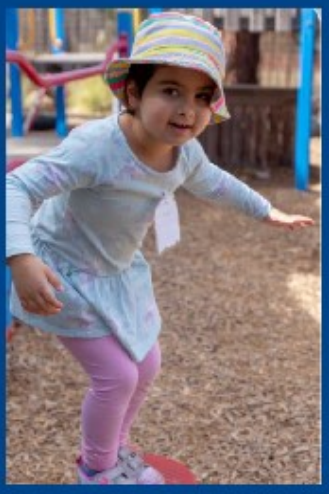
CONFIDENCE

KINDNESS









We welcome you along to see our facilities and meet our experienced and friendly teachers and educators. Find out more about our nature play sessions and our school transition program.

Enrolment packages and information for 3-year-old and 4-year-old Pre-School in 2020 will also be available.

The future begins with us

29-63 Breeze Street, Bonbeach; Ph: 9776 3077; bonbeach.kin@kindergarten.vic.gov.au; www.bonbeachps.vic.edu.au

YOUR CHILD'S FUTURE BEGINS WITH US!

BONBEACH PRE-SCHOOL

Bonbeach PRIMARY SCHOOL AND PRE-SCHOOL

RATED EXCEEDING NATIONAL QUALITY STANDARD

3 YEAR OLD PRE-SCHOOL PLACES AVAILABLE NOW

Places are currently available for children turning 3 by 31 March 2019

We offer a high quality, child-centred program with experienced and friendly teachers and educators.



8 hours per week made up of two four hour morning sessions

A unique setting where we are co-located with Bonbeach Primary School

Contact Bonbeach Pre-School **TODAY** to ensure a place for your child in 2019 and to become part of this great community

Call us on 9776 3077

Email us at bonbeach.kin@kindergarten.vic.gov.au

Visit our website www.bonbeachps.vic.edu.au

STUDENT SCHOOL BANKING

Please bring your student bank books to the school office on THURSDAY mornings.

Please remember to fill in the payment slip when depositing money into your account.

Thank you
Wendy



With effect from the 1st September all students should be wearing hats at school.





Great Big Easter Egg Hunt

Saturday 20 April, 2019

10.15am registration / 10.30am hunt

at

Carrum Downs Recreation Reserve
Wedge Rd Carrum Downs
(entrance near Cadles Rd)

FREE Event BYO Basket

Easter hamper raffle on the day



Sonya Kilkenny MP
LABOR MEMBER FOR CARRUM DISTRICT

Authorised by S Kilkenny, 622 Nepean Hwy, Carrum. Printed by Kosdown Printing, 10 Rocklea Dr, Port Melbourne. Funded from Parliamentary budget.

MORDIALLOC COLLEGE EVENTS 2019



SEAL Information Night
Our information session will be held on Monday 1st April from 6:30pm—7:30pm

Sports Excellence Program (SEP)
Our information session will be held on Thursday 2nd May from 6:00pm—6:30pm

Open Night
See our whole College at work on Thursday 2nd May from 6:30pm—8:30pm

SEAL Entrance Exam
Thursday 9th May from 9:00am—1:00pm

College Tours
College tours with our Principal, Michelle Roberts, are held every Friday at 9:30am.
Please contact Reception to book.

2019

· PERSONAL BEST · INTEGRITY · RESPECT · RESPONSIBILITY

E: mordialloc.co@edumail.vic.gov.au P: 9580 1184

YEAR 7, 2020

mentone girls' secondary college

All families
in-zone & out-of-zone
are invited to

OPEN EVENING
Tuesday 30 April at 7pm



ENHANCEMENT PROGRAM



Offered in Year 7 & Year 8 in 2020
Applications close 13 May
Enquiries to enhancement@mgsc.vic.edu.au

See website for Enrolment information,
Enhancement Program application details
& College Tour dates

Cnr Balcombe & Charman Roads, Mentone 3194 | 9581 5200
mentone.girls.sc@edumail.vic.gov.au | www.mgsc.vic.edu.au

BONBEACH YCW Junior Netball Club

'Powered by Positive Energy'

Register Now



NetSetGo Program for 5-9 year olds
Starts: Friday 29 March 2019
Cost: $90 - Includes Netball Vic Membership & Participant Pack
Time: 4.00pm – 4.45pm
Venue: Chelsea Sportswomen's Centre, Sturdee St, Chelsea
To register:
https://netball.resultsvault.com/common/pages/reg/welcome.aspx?type=6&prodid=302853&id=72413&entityid=44796
Net 5-6 Year Olds ~ Set 7-9 Year Olds
Or email us at: registrar.bonbeachycwnetball@gmail.com



NetSetGo Participant Pack



Berendale

GRADE 6 TO YEAR 7 TRANSITION INFORMATION SESSION

- TRANSITION TO SECONDARY SCHOOL PROGRAM
- GENERAL INFORMATION
-SPECIALIST PROGRAMS
- EXTRA CURRICULA OPTIONS
-OPPORTUNITIES FOR ALL STUDENTS
- Q & A

Thursday 2nd May
9:15am - 10:30am
Berendale School
RSVP 30th April

2 Berend St, Hampton East 3188. Ph: 9555-6141

COME BUILD WITH US THIS HOLIDAY!

bricks 4 kidz

We **Learn**, We **Build**, We **Play** with

***LEGO*® Bricks**





PATTERSON LAKES COMMUNITY CENTRE

MONDAY 15th April 2019
9:15am to 3:45pm

EXPERIENCE the world of Minecraft® with Lego® Bricks in this fun holiday workshop!

Our Term 2 After-School Program starts on Wednesday from 1st May to 19th June 2019 (8 weeks)

BOOK ONLINE NOW!

www.bricks4kidz.com.au/melb-gdk
melb-gdk@bricks4kidz.com
0422 724 572

ASPISTARS GYMNASTICS CLUB

ASPISTARS GYMNASTICS CLUB

Competitive/ Recreational Gymnastics classes
for Primary School Children

Located at Aspendale Primary School
23 Laura St Aspendale 3195

Information and Enrollment
email: aspistars@gmail.com
Phone: 85109652

TRIATHLON VICTORIA

PLAY IT SAFE BY THE WATER



KIDS EVENTS

Join us for more fun with kids triathlon events this summer at the following locations:

DATE	EVENT	LOCATION	AGE	KEY	MORE INFO
24/11/18	Tre-X Cross Triathlon	Bendigo	7-11 yrs	B	trextriathlon.com.au/event/goldfields
25/11/18	2XU Tri Series - Race 1	Elwood	7-11 yrs	F	2xutriathlonseries.com.au
02/12/18	Sufferfest Tri Festival	Safety Beach	7-11 yrs	D	sufferfesttri.com/safety-beach
09/12/18	2XU Tri Series - Race 2	Sandringham	7-11 yrs	F	2xutriathlonseries.com.au
13/01/19	2XU Tri Series - Race 3	St Kilda	7-11 yrs	I	2xutriathlonseries.com.au
20/01/19	Triathlon Pink	MSAC	7-13 yrs	A, H	triathlonpink.com.au/event-pro/melbourne
03/02/19	2XU Tri Series - Race 4	Elwood	7-11 yrs	F	2xutriathlonseries.com.au
10/02/19	Mordialloc Rushfest	Mordialloc	7-11yrs	D	sufferfesttri.com/mordialloc
16/02/19	IRONMAN 70.3 Geelong	Geelong	7-13 yrs	C, E	bit.ly/ironkidsgeelong19
17/03/19	2XU Tri Series - Race 5	Portarlington	7-11 yrs	F	2xutriathlonseries.com.au
23/03/19	Sufferfest Tri Festival	Mt Martha	7-11 yrs	J	sufferfesttri.com/mt-martha
31/03/19	2XU Tri Series - Race 6	St Kilda	7-11 yrs	F	2xutriathlonseries.com.au
07/04/19	Mordialloc Rushfest	Mordialloc	7-11 yrs	D	sufferfesttri.com/mordialloc
14/04/19	Challenge Melbourne	St Kilda	7-12 yrs	G, I	challengemelbourne.com.au

KEY

A: 50m/2km/500m D: 75m/3km/1km G: 100m/3km/750m J: 100m/2km* *aquathlon

B: 50m/3km/500m E:100m/2.25km/1km H: 100m/3km/1km

C:70m/750/700m F: 100m/3km/500m I: 150m/3km/750m

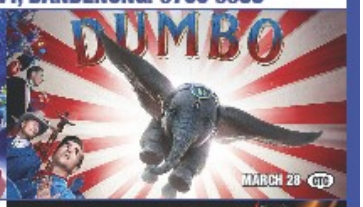
All of our TRYstars recieve a special 20% discount on entry into junior events at ANY of these races. Just enter the discount code when you register.

DISCOUNT CODE: TRIVIC20

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SESSIONS AT WWW.LUNARDRIVEIN.COM.AU

Information correct at time of printing. All dates and films are subject to change.

PARTY IN THE PARK

FREE fun day out for kids

Tuesday 9 April 2019
9.30am-1.30pm

Cruden Farm, Langwarrin

The Kazoos and Friends

Party Play Pen – Interactive arena
Jungle Dress Up – Prizes to be won
Animal Farm • Face Painting • Mini Sports
Information on local children's services

BYO picnic or treat yourself to the community BBQs
Please leave your pets at home

Frankston Private Hospital | 9NEWS | smoothfm | Cruden Farm | Leader

1300 322 322
frankstonevents.vic.gov.au
frankstonevents
#FrankstonCity #FrankstonEvents

Frankston City

Children must be accompanied by an adult or guardian at all times. Parking and entry off Cranhaven Road, Langwarrin.

KEEPING HEADS ABOVE WATER

4 DAY SWIMMING HOLIDAY PROGRAM

15th - 18th April

(2nd week of school holidays)

8:45am - 12:30pm

4 x 45min classes (Beginner-Penguins) $80

4 x 60min classes (Goldfish) $85

Payment required at time of booking.
Contact reception for more info.

TOBY HAENEN
SWIM CENTRE

10 Ashley Park Drive, Chelsea Heights, VIC 3195 03 9776 1133