

Make Your Own Sandwich

White / wholemeal bread	
Vegemite	\$2.50
Cheese	\$3.00
Egg	\$3.00
Ham	\$3.50
Chicken	\$3.50
Tuna	\$3.50

Extras (tomato, cheese, lettuce) \$.50

Make Your Own Roll or Wrap

White / wholemeal roll or wrap extra \$.50

Gluten free bread / roll / wrap extra \$2.00

Toasties

From \$3.20
Choose your fillings and get your cafe made sandwich freshly toasted in the school canteen. **GF available.

Sushi

Choice of flavours: \$2.50

Tuna, Teriyaki Chicken, Avocado,
Smoked salmon or Egg

Individual soy sauce \$.15

Rice Paper Rolls Twin pack \$5.00

Choice of flavours (includes soy sauce):

Vegetable (carrot, avocado,
lettuce, noodles & sweet chilli)
Chicken (chicken, carrot, lettuce,
noodles & sweet chilli)
Prawn (cooked prawn, carrot,
lettuce, noodles & sweet chilli)

Hot Pastas

Penne napoli	\$6.00
Penne bolognese	\$6.00
Lasagne	\$5.00

Salad bowls

Lettuce, tomato, carrot & cucumber	\$3.50
Add chicken or tuna	\$4.50

Snacks

Anzac Cookie (low sugar & DF)	\$2.00
Blueberry muffin	\$2.50
Slice of Banana Bread (GF)	\$1.50
Bag of popcorn 20g (GF)	\$.60
Single piece of fruit	\$.50
Fresh Fruit salad bowl	\$3.50

Yoghurts

Coyo Coconut Yoghurt 75g flavours	\$2.75
Chobani squeeze yoghurt 140g (in flavours)	\$2.50
Squeezie yoghurt 70g flavours	\$1.20

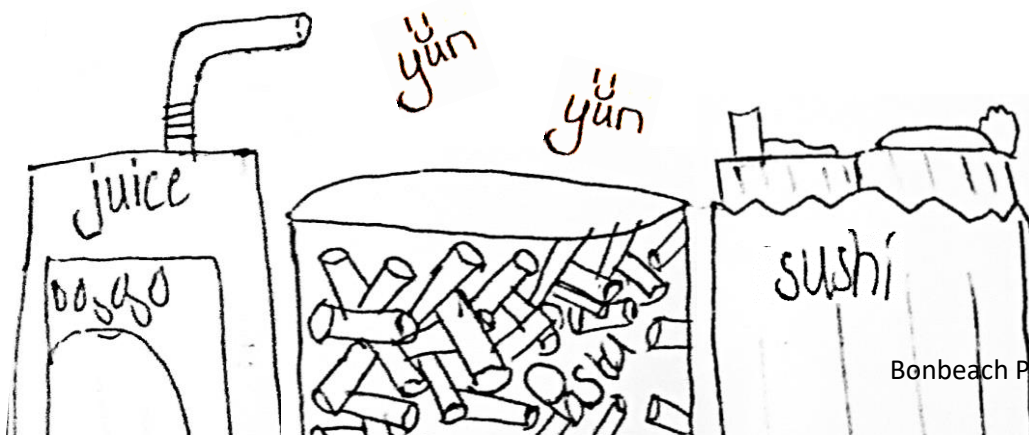
Drinks

Flavoured milk 250ml (Choc/S'berry)	\$1.20
Raw C coconut milk 300ml (Choc/vanilla)	\$3.30
Juice Popper (low sugar organic) Flavours (apple, berry, orange)	\$1.60
Frozen apple juice slushie	\$1.60

Packaging

**Please send along your named, reusable lunch bags to reduce packaging.

Paper bag	\$0.15
Bonbeach PS Lunch Cooler Bags	\$5.50



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